

# FREE FIRST AID TRAINING COURSE

Have you ever thought about learning how to save someone's life? Would you know what to do if someone suffered a [cardiac arrest](#) or [heart attack](#)!

We are offering a free basic half day training session to be held at Shaw Lifelong Learning Centre. You will gain a valid qualification in safe administration of CPR and also learn how to use a automated external defibrillator. (Like the new one outside Lifelong Learning Centre).

Courses available:

**Wednesday 18<sup>th</sup> November 12.30 p.m. – 4.30 p.m.**

**Wednesday 18<sup>th</sup> November 5.00 p.m. – 9.00 p.m.**

**Thursday 19<sup>th</sup> November 9.00 a.m. – 1.00 p.m.**

You must be 16 years of age or older

Places are limited

To reserve a place, please contact Oldham Community Leisure on 0161 207 7000

